

Dear Sir/Madam,

Please be advised that it is important to follow the instructions below to perform this test.

On the test day:

1. As soon as you wake up in the morning, empty your bladder and do not collect your urine.
2. At least 1 hour later, drink 200 mL of oligomineral water.
3. After 2 hours from the first morning urination, urinate again, and collect all the urine in the appropriate container and deliver it to the Collection Center.

It is important to adhere to the stipulated time intervals, i.e., that the time between the first and second urine output is about 2 hours, and that the second morning micturition does not take place beyond the opening hours of the Sampling Room.

To check on the correct performance of the test, please complete the underlined spaces below by answering respective questions.

- o Time of first urination:
- o Time of intake of oligomineral water:
- o Time of second urination:

SAMPLE DELIVERY

Samples must be received during the opening hours of the Collection Center.

Compiled by	Verified by	Approved by
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