

Dear Sir/Madam,

Please be advised that it is important to follow the instructions below to perform this test.

PREPARATORY DIET FOR COLLECTION

Do not eat meat and meat products (broths and jellies) in 3 days before collection.

No restrictions for the remaining foods.

2-HOUR URINE COLLECTION

Remain completely fasting **since 11 p.m.** the previous night;

- at **7 a.m.** urinate and discard urine;
- at **8 a.m.** drink 200 mL (about one glass) of oligomineral water;
- at **9 a.m.** (i.e., 2 hours after the first urination) collect urine in a regular container.

SAMPLE DELIVERY

The sample must be received during the opening hours of the Collection Center.

Compiled by	Verified by	Approved by
Laboratory Director Dr. Laura Soldini	Quality Assurance Safety Environment Dr. Stefania Fazzone	Health Management Dr. Gabriele Pellicciotta