

# PREPARATION: 24-HOUR URINE COLLECTION FOR VANILMANDELIC ACID HOMOVANILLIC ACID ASSAY

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Dear Sir/Madam,

Please be advised that it is important to follow the instructions below to perform one or more of the indicated tests.

### PREPARATORY DIET FOR COLLECTION

During the collection period <u>do not consume</u> chocolate, bananas, coffee, vanilla, citrus fruits.

## PREPARATION FOR URINE COLLECTION

- o Use only special containers available from pharmacies.
- o Pick up the preservative from the sampling room to be placed in the container.
- o During collection, avoid exposing the container to light and temperatures above 10°C by storing it in a refrigerator.

#### Warnings

The preservative contains HCL 6N.

- o Do not leave the container within the reach of children.
- o Do not breathe dust/fume/gas/mist/vapors/aerosols.
- o In case of skin contact, remove any contaminated clothing and wash thoroughly with water.
- o Store only in original packaging, as it can be corrosive to metals.
- o In case of contact with the eyes, wash thoroughly with water, remove, if easy, any contact lenses, continue rinsing, and contact the nearest emergency room.
- o Do not ingest. In case of accidental ingestion, contact the nearest emergency room.
- In case of access to the emergency room, bring this preparation with you and show it to the medical staff.

## **24-HOUR URINE COLLECTION**

- 1. Place the preservative inside the collection container.
- 2. Discard the first morning urine.
- 3. Start collection at 7:00 a.m., collect all subsequent urine in the container including the following morning one (also at 7:00 a.m. at end of collection).

## **SAMPLE DELIVERY**

The container with the collected urine must be delivered during the opening hours of the sampling room.

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064/7 page 1 of 1