

*Dear Sir/Madam,*

*Please be advised that it is important to follow the instructions below to perform this test.*

### **PREPARATORY DIET FOR COLLECTION**

Do not eat meat and meat products (broths and jellies) in 3 days before collection.

No restrictions for the remaining foods.

### **PREPARATION FOR URINE COLLECTION**

- o Use only special containers available from pharmacies.
- o During collection, avoid exposing the container to light and temperatures above 10°C.

### **24-HOUR URINE COLLECTION**

1. Discard the first morning urine (at 7 a.m. at the start of collection).
2. Collect all subsequent urine in the container including the following morning (always at 7 a.m.).

### **SAMPLE DELIVERY**

The sample must be received during the opening hours of the Collection Point.

| <b>Compiled by</b>                    | <b>Verified by</b>   | <b>Approved by</b>                          |
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